



## CCA Preschool Afternoon Schedule

- 12:00pm – 1:00pm Lunch, Free Play and Prepare for Nap:**  
Wash hands, lunch prayer, eat lunch, play with toys and games, use the bathrooms and wash hands
- 1:00pm – 2:00pm Nap Time:**  
Bed time prayer, bedtime story, listen to soothing music, rest/sleep
- 2:00pm – 2:30pm Wake up/Quiet Play/Afternoon Snack:**  
Wake up, quiet play, books, fine motor activities, snack
- 2:30pm – 3:30pm Enrichment Activities:**  
Science/Cooking, Art, Music/Instruments, Spanish, Singing
- 3:30pm – 4:00pm Afternoon Circle Time:**  
Songs, games, books, bible story, flannel board activities, puppets, music and movement, instruments, charts, discussion, language, color activities, number activities, letter activities, shape activities, flash cards, etc.
- 4:00pm – 5:00pm Outdoor/Gym Play: (weather permitting)**  
Balls, chalk, bubbles, frisbees, hula hoops, play structures, sand box and sand toys, sensory table teeter totter, swings, slides, parachute games, jump rope, play house, group games, walking buckets, etc.
- 5:00pm – 5:30pm End of the Day Activities:**  
Wash hands, board games, coloring, table activities, books, extended care students leave for the day