



August/September 2019

Calvary Christian Academy Preschool
Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
8/19	8/20	8/21	8/22	8/23
AM Life Cereal 1/2 Cup Milk 1/2 Cup PM Popcorn 1/2 Cup Raisins 1/4 Cup	AM Rice Cake 1 Banana 1/4 PM Graham Cracker 1/2 Milk 1/2 Cup	AM Waffle with Maple Syrup 1/2 Milk 1/2 Cup PM Veggie Straws 1/2 Cup Grape Juice 1/2 Cup	AM Toast with Grape Jelly 1/2 Orange Juice 1/2 Cup PM Crunchy Granola Bar 1 Milk 1/2 Cup	Teacher's Choice
8/26	8/27	8/28	8/29	8/30
AM Rice Cake 1 Banana 1/4 PM Graham Cracker 1/2 Milk 1/2 Cup	AM Life Cereal 1/2 Cup Milk 1/2 Cup PM Popcorn 1/2 Cup Raisins 1/4 Cup	AM Toast with Grape Jelly 1/2 Orange Juice 1/2 Cup PM Crunchy Granola Bar 1 Milk 1/2 Cup	AM Waffle with Maple Syrup 1/2 Milk 1/2 Cup PM Veggie Straws 1/2 Cup Grape Juice 1/2 Cup	Teacher's Choice
9/2	3	4	5	6
<i>School Closed in observance of Labor Day</i>	AM Yogurt 1/2 Cup Nutri-grain Bar 1/2 PM Ritz Crackers 3 Salami 2	AM Grapes 1/2 Cup Animal Crackers 1/2 Cup PM Cheddar Corn Puffs 1/2 C Apple Juice 1/2 Cup	AM Corn Tortilla Chips 1/2 C Dried Cranberries 1/4 C PM Cucumber Rounds 2 Cheddar Crackers 1/2 Cup	Teacher's Choice
9	10	11	12	13
AM Yogurt 1/2 Cup Nutri-grain Bar 1/2 PM Ritz Crackers 3 Salami 2	AM Pretzels 1/2 Cup Watermelon 1/2 Cup PM Triscuit Crackers 2 Colby Cheese Stick 1/2	AM Corn Tortilla Chips 1/2 C Dried Cranberries 1/4 C PM Cucumber Rounds 2 Cheddar Crackers 1/2 Cup	AM Grapes 1/2 Cup Animal Crackers 1/2 Cup PM Cheddar Corn Puffs 1/2 C Apple Juice 1/2 Cup	Teacher's Choice
16	17	18	19	20
AM Snap Pea Crisps 1/2 Cup Grape Juice 1/2 Cup PM Orange Slices 2 Lentil Chips 1/2 Cup	AM Tuna Fish 1/4 Cup Club Crackers 3 PM Goldfish Crackers 1/2 Cup Grape Juice 1/2 Cup	AM Baby Carrots 3 Saltine Crackers 2 PM Hummus 1/4 Cup Pita Chips 1/2 Cup	AM Wheat Thin Crackers 1/2 C Mozzarella String Cheese 1/2 PM Pineapple Chunks 1/2 Cup Multi Grain Crackers 3	Teacher's Choice
23	24	25	26	27
AM Tuna Fish 1/4 Cup Club Crackers 3 PM Goldfish Crackers 1/2 Cup Grape Juice 1/2 Cup	AM Snap Pea Crisps 1/2 Cup Grape Juice 1/2 Cup PM Orange Slices 2 Lentil Chips 1/2 Cup	AM Wheat Thin Crackers 1/2 C Mozzarella String Cheese 1/2 PM Pineapple Chunks 1/2 Cup Multi Grain Crackers 3	AM Baby Carrots 3 Saltine Crackers 2 PM Hummus 1/4 Cup Pita Chips 1/2 Cup	Teacher's Choice
30				
AM Oatmeal 1/2 Cup Milk 1/2 Cup PM Sweet Potato Crackers 1/4 Cup Apple Juice 1/2 Cup				

